



January-May 2018

# ACTIVITIES GUIDE

ADULT & YOUTH ATHLETICS \* AFTERSCHOOL ACTIVITIES \* DAY & OVERNIGHT TRIPS \* EVENTS & MORE WWW.ROCKINGHAMCOUNTYVA.GOV/RECREATION



20 East Gay Street Harrisonburg, VA 22802 Monday-Friday | 8am-5pm

540-564-3160 | www.rockinghamcountyva.gov/recreation

#### Mission Statement

To foster lifetime involvement in and appreciation of activities that enrich the lives of all citizens of Rockingham County by providing high quality recreation and leisure programs.

#### **Vision Statement**

Our youth activities prepare for the future, as our adult activities strengthen the present.

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Progress at
Rockingham Park at the Crossroads
October 2017

#### Recreation Facility Rentals

#### **Plains District Community Center**

233 McCauley Drive, Timberville, VA 22853 Call for reservations; 540-896-2824 The facility consists of a game room, kitchen, meeting and craft rooms.

#### Center Hours:

Monday, Wednesday-Friday 9am-8pm Tuesday 12-8pm Saturday 1-8pm Sunday 1-5pm

Room Name	Capacity	Hourly Fee
Chamber	10	\$5
Meeting	45	\$10
Arts & Crafts	60	\$10
Community	200	\$20
Kitchen	_	\$25 Flat Fee

#### Singers Glen Community Center

9410 Singers Glen Road, Singers Glen, VA 22850 Call for reservations; 540-564-3160 The facility has a gymnasium, kitchen and meeting rooms.

#### **Bergton Community Center**

17784 Criders Road, Bergton, VA 22811 Call for reservations; 540-564-3160 The facility has a kitchen, all purpose room with stage, meeting rooms and a mini-library. The outside area consists of a picnic shelter and playground.

#### **Elkton Community Center**

20593 Blue & Gold Drive, Elkton, VA 22827 Call for reservations; 540-298-8730 The facility consists of walking track, fitness equipment, game room, computer room, gymnastics and dance area, aerobics room, community rooms, commercial kitchen and meeting room.

Center Hours: Monday-Friday-7am-9pm Saturday-7am-3pm Sunday-CLOSED

#### How to Register

#### Online

- 1. Go to www.rockinghamcountyva.gov/recreation
- 2. Click on Online Registrations & Payments
- 3. Click on Login to Account
- 4. Enter USERNAME (phone number with area code no dashes or symbols)
- 5. Enter PASSWORD (adults last name-capitalized the first letter of last name)

#### **NEW ONLINE CUSTOMERS**

If you or your family members have NOT participated in any of our activities or childcare, you need to create an account. Follow steps to create your account.

#### In Office

Rockingham County Parks & Recreation Dept. 20 East Gay Street, Harrisonburg, VA 22802 Monday-Friday 8am-5pm

#### By Mail (see form pg. 22)

Mail-In Registrations: send payment along with program/trip title, full name, address, phone number and birthdate to our office. Please call to see if space is available. No seat assignments or guarantee of registration (first come - first served).

#### **Location Codes**

FSC funky's skate center
JFHMS j frank hillyard middle school
JWES john wayland elementary school
LGC lakeview golf club
MASS massanutten resort
MES mcgaheysville elementary school
MMS montevideo middle school
MVES mountain view elementary school
PDCC plains district community center
RCAC rockingham county administration center
SFL smiles for life office, bridgewater
WPMS wilbur pence middle school
WRRP west rockingham ruritan park

# Community Events 14th annual kids fishing day

This is a free event for children 15 years and under held in conjunction with the Virginia Department of Game and Inland Fisheries. All children will need to be accompanied by an adult who will be allowed to assist only during the event. There will be food, snacks, drinks and goodie bags for each child while supplies last. Armbands will be available until 11am for a chance to win a door prize. Donations for this event are appreciated; please contact Carley Jenkins at cienkins@rockinghamcountyva.gov for more information on this event.

FREE | April 7 | Saturday Ages 15 and under | 9am-2pm Silver Lake, Dayton

### drive-in movie for kids

Beep, beep! Time for a drive-in movie at Plains District Community Center! The movie Cars will be shown on our 20ft screen and we invite you to bring your child-size (cardboard) car to sit in during the drive-in. Don't have a cardboard car on hand? We've got a workshop you may attend for \$5 to build your very own car (see page 9)! Kids, if you would prefer to not bring a car, catch a ride with a grown-up, just bring a laundry basket or blanket to lounge on. Popcorn and drinks will be available for purchase.

FREE | Register By March 19 March 24 | Saturday Ages 2-13 | 5-7pm | PDCC

### 6<sup>th</sup> annual spring community yard sale

It's time to do some spring cleaning! Register now for a space at our community yard sale. Spaces are approximately 18'x18' (two parking spaces). Tables and electricity are not provided. Food and craft vendors are welcome! This event will take place rain or shine. Check-in and set-up will be from 6-7:30am ONLY.

> Fee \$15 | Register By May 11 May 19 | Saturday 7:30am-2pm | RCAC

# Childcare

## Summer Day Camp June 18-August 10, 2018

Registration opens March 5
SPACE IS LIMITED

Rising Kindergarten-6<sup>th</sup> Grade

Monday-Friday, 7:30am-6:00pm

Children will have opportunities for outdoor play, crafts, games, movies and field trips

#### School Locations\*:

\*Space is limited at each location.
Please call our office to confirm availability.
John C Myers, Lacey Spring,
McGaheysville,
Mountain View and Cub Run

#### Administrative Fee:

\$25 per child (non-refundable)

#### Weekly Fees\*:

Weekly-\$80/\$75 siblings
Summer School-\$55
Daily-\$35(no administrative fee)
\*Includes weekly field trip and daily
afternoon snack

# August 22, 2017-June 7, 2018

Ongoing registration throughout the school year Pre-Kindergarten-5th Grade Monday-Friday, afterschool-6:00pm Each day students will have opportunities for crafts, outdoor play, games and homework. Fee includes daily afternoon snack.

#### **School Locations\*:**

\*Space is limited at each location.
Please call our office to confirm availability.
Cub Run, Fulks Run, John C. Myers,
John Wayland, Lacey Spring,
McGaheysville, Mountain View, Ottobine,
Pleasant Valley and Peak View.

Registration Fee: \$50 per child (non-refundable)

#### **Monthly Fees:**

4-5 days per week-\$110/\$95 siblings 3 days per week-\$80 1-2 days per week-\$55

# Active Youth

#### co-ed volleyball clinic

Bump, set and spike! Come out and learn the fundamentals of volleyball. This 6 session clinic is for boys and girls who are interested in learning the basics of playing volleyball. Each participant will receive a t-shirt. Space is limited, please register early!

Fee \$30 | Register By February 23

March 8-24 | Thursdays & Saturdays

Ages 5-13 (Age as of 9/30/17)

6:30-8pm (Th), 9-10:30am (Sa) | WPMS

#### youth kickball league

This is for all youth ages 6-13. The age groups will be 6-7 year olds, 8-10 year olds and 11-13 year olds. Season will start at the end of March and run through the middle of June. Games and practices will be held one week night and Saturday mornings. Night of play varies. All three age groups will be held in the TA, Broadway and Spotswood areas.

Fee \$35 per person | Register By March 9

Ages 6-13 (Age as of 9/30/17)

#### learning to skate 101

This class teaches you basic skating skills at Funky's Skate Center. This is intended for beginner adults, children and families to enjoy taking the class together. Includes rental of regular roller skates or inline skates.

Fee \$45 | Register By February 13 February 20-March 27 | Tuesdays All Ages | 5:30-6:30pm | FSC

#### bow to toe cheer clinic

Come and show your spirit on the ultimate cheer squad! This 5 day clinic will include all aspects of cheerleading: jumps, stunts, cheers, chants and dance. The clinic is for all levels of cheer experience and will include a final night performance for family and friends. Bow to Toe will inspire and encourage participants while building friendships and developing teamwork.

Fee \$85 (includes shirt & bow) | Register By May 4

June 18-June 22 | Monday-Friday | Ages 5-13 (Age 5 as of 1/1/18) | 6:30-8:30pm | MVES

#### Co-Sponsored Youth Athletic Information



U5-U18 Soccer League-8-week program
Weekday practices & Saturday games
U4/U5 Mini Kickers-6-week program
1 session per week (45 Min)

Registration will open in January and programs will begin in April!

For more information:

www.ShenValleySoccer.com www.facebook.com/svusoccer 540-383-6341

Youth Baseball Leagues							
Area	Registration	Website	Contact				
Bridgewater	Beg <mark>ins</mark> January 1	bridgewaterlittleleague.net	Ted Thomas 540-246-6535				
Broadway	Jan 27, Jan 28, Feb 1, Feb 3, & Feb 4	broadwaylittleleague.com	Ashley Robinson 540-560-5728 broadwaycll@gmail.com				
Challenger	Begins in January	bridgewaterchallenger.com	Philip Hutchinson 540-820-3501				
Elkton	Jan 27, Feb 3, Feb 10 @ press box	facebook.com/elkton.league	Lauren Hammer 540-820-8885				
Grottoes	Begins January 1	Facebook.com/ grottoescommunitylittleleague	Dave Irving coachdaveirving@outlook.com				
Keezletown	Begins January 1	keezletown <mark>base</mark> ball.com	Josh Hale keezletownbaseball@gmail.com				
Mt. Crawford	Begins January 1	shenandoahvalleybaseball.com	DJ Stewart 540-578-0665				

# active Community

#### daily beginner full swing golf clinics

Develop your perfect golf swing in this class designed uniquely for beginners. During this one-hour clinic students will be introduced to the GASP concept (grip, alignment, stance, and posture) along with important principles of the game itself; staying active, being socially responsible and (above all) having fun! Course fee includes club rentals and a one-hour clinic from a PGA trained professional. Sign up in advance! Each session limited to 5 people.

Fee \$25 | Register By One Week Prior Offered Daily-March 31-June 3 Ages 5+ | 10-11am | MASS

### junior golf program at lakeview

The "Tournament Players' Series" or "TPS" junior program has served hundreds of juniors and expanded into four age groups for ages 5-18. Each session lasts an hour or an hour and a half, and includes instruction with 20+ year teaching professional John Rogers. For those who are able to participate regularly throughout the year, there is a season-long points-race that culminates at an awards dinner for the juniors.

> 5 TPS Sessions (ages 10-18) \$80 5 TPS Mini-Group Sessions (ages 5-9) \$55 Register By Three Days Prior January-July | Saturday | Ages 5-18 | LGC

#### get golf ready

Our PGA professionals will teach you everything you need to know in just a few lessons. In addition to learning the basics, you will be guided onto the golf course to put your skills into action in a casual, friendly setting. No equipment needed! Upon completion of the program, the student will receive a 9-hole round of golf at Woodstone Meadows Golf Course at Massanutten Resort.

Fee \$99 | Register By One Week Prior Ages 5+ | MASS April 7-May 5 | Saturdays | 12pm April 28-May 26 | Saturdays | 1pm

### intro to flinggolf

Try FlingGolf, an athletic and cool alternative to traditional golf. It's a new sport that combines golf and lacrosse, and has you whipping the ball down the fairways. Instead of hitting the ball with a club, a player flings a golf ball with a FlingStick®. A good fling can travel over 200 yards! Course fee includes a 30-minute lesson and 9-holes of FlingGolf at the Woodstone Meadows GC. FlingStick® rental and cart rental are also included in price.

Fee \$20-Juniors (Ages 5-17), \$25-Adult Register By One Week Prior Offered Saturdays-April 7-May 26 Ages 5+ | 3pm | MASS

#### sports trial

Come out to try out a variety of sports and activities. We will have bubble soccer, archery tag, pickleball, spikeball, cornhole, bocce ball, and much more. Get a group of friends and join us at our sports trial event.

Fee \$15 | Register the Day of the Event April 14 | Saturday | All Ages | 10:30am-2pm | MVES

# Active Adults intro to bike racing

Christian Sheridan of Bridgewater College provides a basic primer on the training, tactics and history of racing a bicycle on the road.

FREE | Register By April 17 April 24 | Tuesday All Ages | 6-7pm | RCAC

#### archery tag

Think dodgeball meets bows and arrows. Come play this adrenaline packed sport that is played similar to dodgeball, but with bows and foamtipped arrows. This exciting, action packed game offers the ultimate family friendly experience that engages everyone. Don't miss out on tag, the game you never outgrow!

Fee \$5 | Register By March 16 March 28 | Wednesday Ages 16+ | 6:30-8:30pm | MVES

#### senior softball league 35+

Senior league softball for all adults 35 years old or over. Games will begin the week of April 16. This league has no gender restrictions. Each team will be allowed 2 players under the age of 35. Age will be determined by the age you turn in 2018. Proof of age will be required at first game.

Fee \$250 per team | Register by March 12 April-June | Thursdays Ages 35+ | 6:30-10:30pm | WRRP

#### adult co-ed kickball

The spring kickball season will start the week of March 4 and run through mid-May. Night of play is listed below, however, makeup games are at the discretion of the department and can be held any night as needed. Playoff champions will receive awards. Space is limited to the first 8 teams. Register at our office.

Fee \$125 per team | Register by February 12 Ages 16+ | 6:30-9:30pm | WRRP March-May | Mondays March-May | Wednesdays

#### brazilian jiu jitsu

Kevin Pallister of Bridgewater College gives an introduction to the martial arts style of Brazilian Jiu Jitsu and its applications to self-defense.

FREE | Register By January 22

January 30 | Tuesday

All Ages | 6-7pm | RCAC

#### open gym basketball

Come out to get your game on! If needed, we will have space for two or three games running at once. Be sure to register to reserve your spot. You may play without registering, but those that have pre-registered will have priority. If you do register, you are not required to show up to every session.

FREE | Register By The Day Of April 9-May 14 | Mondays Ages 16+ | 6:30-8:30pm | JFHMS

#### women's volleyball

The spring volleyball season will start the week of March 5 and run through early May. Teams may be required to play on Monday or Wednesday nights. You can request your preference of night and we will try to accommodate as much as possible based on order of registration.

Fee \$175 per team | Register by February 12 Ages 16+ | 6:30-9:30pm | WPMS March-May | Mondays March-May | Wednesdays

#### co-ed dodgeball league

Pull your team together for another exciting season of dodgeball. Teams must be made up of 6-15 players with at least 3 females on their roster and at least 3 females must begin each game. Games will be played 6 vs 6. Matches will consist of 10 games and each match will have a maximum time limit of 45 minutes.

Fee \$100 per team | Register By February 16 March-May | Tuesdays Ages 16+ | 6:30pm-9pm | MVES

### vinyasa flow yoga

Yoga instructor, Michelle Ross will be teaching beginner level Vinyasa Flow. This fun class teaches the fundamentals of Vinyasa Yoga including sun salutations, standing poses, balancing postures while linking breath/body movement. The fee includes a punch pass for 6 visits that can be used at any date.

Fee \$75 | Register By One Day Prior Ages 10+ | 3:30-4:30pm or 5-6pm | PDCC February 2-May 18 (No Class March 2 or April 6) | Fridays

# wild Guyde Adventures beginning caving beginning rock climbing

FRANKLIN, WV

DAYTON, VA

This half-day trip introduces wild caving. Topics covered are basic caving safety, underground navigation and elementary limestone cave geology. Participants will get muddy as we explore one of the many underground caves in the Shenandoah Valley. WGA will provide headlamps, caving helmets, and cave packs; a how-to-dress list will be supplied.

Fee \$30 | Register By February 27 Sunday, March 4 | 1-5pm | Ages 10+

Participants will learn harnesses and appropriate knots and the belay system, and then will spend the day climbing and rappelling at Hidden Rocks in the nearby George Washington National Forest. WGA will provide helmets, harnesses, climbing shoes and all technical gear. Participants should dress for hiking for the day, bring lunch, water and cameras. No prior climbing experience is necessary, but participants should be able to handle a day of sustained moderate physical outdoor activity.

Fee \$55 | Register By April 6 Saturday, April 14 | 8:30am-5pm | Ages 10+

canoeing at compton's rapids

LURAY, VA

Join Lester Zook on a trip down the South River Fork at Compton's Rapids. As we wind through pastures in the Shenandoah Valley, you'll learn basic strokes and maneuvering. Dangle your feet or plunk your head to cool off. And keep watching for blue herons, turtles on logs, and cows in the water! Fee \$50 | Register By May 11

Saturday, May 19 | 8:30am-7:00pm | Ages 10+

## topgolf

ASHBURN, VA

Topgolf is the premier golf entertainment complex where the competition of sport meets your favorite local hangout. Topgolf features a golf game that uses microchip technology inside golf balls that are shot into several targets with real clubs to score points. Players tee off from a driving bay onto a landscaped outfield with targets ranging in distance from 20 to 215 yards. Players receive instant feedback on how far they have hit a shot and are allocated points based on distance and accuracy. Includes mini bus transportation and 3 hours of playtime.

Fee \$45 | Register By March 16 | All Ages Saturday, March 31 | 7am-6pm | RCAC

ziplining at bryce resort BAYSE, VA Criss-crossing the mountainside on 11 different lines, this adventure cruises over chairlifts at over 80 feet off the ground. Try to enjoy the view as you fly by at almost 40mph. It takes almost 2 hours to complete the entire guided tour of the mountain and includes a ride on the chair lift to get to the top of the mountain. Weight limits: 70-230lbs. Must be in good physical health and wear closed toe footwear.

Includes mini bus transportation and admission. Fee \$60 | Register By One Week Prior | Ages 8+ 10:30am-3pm | RCAC Sunday, April 15 Saturday, May 19

Active Escapes

skyline paintball

STRASBURG, VA Grab some friends and join us for an afternoon of intense competition and fun. The game of paintball consists of a two team battle, where you win by capturing the other team's flag, eliminating all their players via paintball shots, or when the time runs out having more active players. Includes mini bus transportations and paintball admission.

Fee \$40 | Register By One Month Prior | Ages 16+ 10:15am-4pm | RCAC Saturday, February 24

Saturday, April 28

# Youth

#### intro to robotics

In this two hour workshop, kids will be introduced to the fun and exciting world of Robotics with Lego Education's award-winning WeDo 2.0 robotics and programming system. Science, technology, engineering, mathematics and coding will all come to life as we build with Lego bricks, motors and software. Best of all, kids will have a lot of fun creating with Lego elements while also being engaged, building confidence and learning to problem-solve.

Fee \$18 | Register By One Week Prior January 27 | Saturday | 10am-12pm | MES January 30 | Tuesday | 10am-12pm | RCAC February 17 | Saturday | 1-3pm | PDCC Ages 6-12

#### learn to draw caricatures

This fun and exciting class will not only have you laughing but also learning the techniques of drawing your very own caricatures as well.

Artists of all levels welcome, as there will be step-by-step instructions. All supplies included.

Fee \$12 | Register By One Week Prior

Ages 9+ | Saturday | 2-3pm | RCAC

February 3

March 3

April 7

May 5

### youth canvas painting

Come join Joyce Smith from Creative Design for an afternoon of fun and learn basic to moderate skills for painting on canvas, wood and glass. You will learn how to create a wonderful art piece.

Fee \$25 | Register By One Week Prior Ages 7-12 | Saturday | 12-2pm | RCAC January 20 February 10 March 10 April 14

#### FIRST® lego® league jr. team

This hands-on, team-oriented program captures kid's curiosity and directs it to discovering how science and technology impact the world around them. Using Lego® bricks and WeDo 2.0 robotics kits, students will explore a real-world challenge through research, critical thinking and imagination. Over 10 weeks, teams will build a motorized Lego® model and design a Show Me poster that addresses their solutions for the challenge. Teams will attend a local Expo on April 29 to showcase and celebrate their work.

Fee \$95 | Register By One Week Prior | Ages 6-10 February 9-April 20 | Fridays | 4-5pm | SFL February 6-April 17 | Tuesdays | 4:30-5:30pm | RCAC

#### STEM courses

Each 3 hour workshop will focus on a different branch of STEM (Science, Technology, Engineering, Math) with guided, hands-on activities and engaging fun. Students will receive an Academy Workbook from Usborne Books & More full of great illustrations and information, practical projects, stickers, and press-out models. Several educational activities will be completed in the workshop, and the remaining workbook projects are for the student to complete and enjoy at home.

Fee \$20 | Register By One Week Prior
Ages 6-12 | Saturday | 9am-12pm | RCAC
March 10 | Engineer Academy
March 17 | Coder Academy
April 7 | Scientist Academy
April 14 | Architect Academy

#### Easter cookie decorating

We have the cookies ready for your little ones to decorate, with themed edible decorations. They can eat their masterpieces on site or take their cookies home to share. Parents are welcome to register and join in on the cookie fun! Fee includes all supplies.

Fee \$25 | Register By March 19

March 26 | Monday | Ages 4+ | 6-8pm | PDCC

#### cardboard car building

Create a cardboard car to bring to our Drive-In Movie for Kids (see page 3)! Decorate and prepare your car for the movie (bring a box if you have one, but we will have some of various sizes). We'll also provide all the fun decorations for your car! Guardians and parents must remain present and assist children.

Fee \$5 | Register By March 9
March 17 | Saturday | Ages 2-13 | 10am-12pm | PDCC

## Create!

#### contemporary ceramics

Michael Hough of Bridgewater College gives a presentation on the contemporary use of clay as a fine-art medium. The presentation looks at a number of contemporary artists exploring sculpture and vessel making using clay as the primary medium. This unique material is able to mimic almost any other material and allows artists to explore ideas, images and narrative in exciting and unconventional ways.

FREE | Register By March 13 March 20 | Tuesday | All Ages | 6-7pm | RCAC

#### beginners crochet

During this 4 week class, you will learn basic crochet stitches and concepts as well as how to read a simple pattern. Each week we will tackle a new and simple project. A supply list will be handed out at the first class. This class will be taught in right handed style.

Fee \$45 | Register By February 23 Ages 15+ | 9-11:30am | RCAC March 3-March 24 | Saturdays

### beginner soap making

Learn how to make simple basic soap and a fancier variation. Discuss the basic ingredients, processes involved and the equipment used during this transformation. You will make and take herbal bars milled from basic homemade soap.

Fee \$25 | Register By March 29 April 5 | Thursday | Ages 13+ | 6:30-8:30pm | PDCC

#### canuas painting

Come join Joyce Smith from Creative Design for an evening of fun and learn basic to moderate skills for painting on canvas, wood and glass. You will learn step-by-step how to create your own wonderful art.

Fee \$30 | Register By One Week Prior Ages 12+ | Thursday | 6-8pm | RCAC January 18 February 8 March 8 April 12

### hand piecing & quilting: beginners

Are you searching for a new hobby? Enjoy this 6 week class to learn how to make beautiful quilts the old-fashioned way. Get back to the basics and enjoy this inexpensive, stress relieving hobby without using modern conveniences. Supplies will not be provided, but participants will be given a supply list authored by the instructor prior to the class.

Fee \$55 | Register By One Week Prior Ages 13+ | 7-9pm | PDCC March 22-April 26 | Thursdays May 3-June 7 | Thursdays

#### hand piecing & quilting: basic applique

Meet Sunbonnet Sue as we learn the basics of hand applique the old fashioned way. This is a continuation for previous students, but anyone can join who is familiar with hand piecing. Supplies will not be provided, but participants will be given a supply list authored by the instructor prior to the class.

Fee \$45 | Register By February 15 Ages 13+ | 7-9pm | PDCC February 22-March 15 | Thursdays

#### hand piecing & quilting: beyond basics

Learn to piece curves for a multitude of patterns that you can add to the basic nine patch block. This is a continuation for previous students, but anyone can join who is familiar with straight hand piecing. Supplies will not be provided, but participants will be given a supply list authored by the instructor prior to the class.

Fee \$45 | Register By January 18 Ages 13+ | 7-9pm | PDCC January 25-February 15 | Thursdays

# Cooking & Canning

#### cooking with an instant pot®

Have an instant pot® and not sure what to do with it? It's old technology in a new package, pressure cooking is the original fast food! Come check out its many features and try a simple recipe. Bring your cooker along to get acquainted and we will eat what we make. Fee \$25 | Register By January 25

February 1 | Thursday | Ages 13+ | 6:30-8:30pm | PDCC

#### pie perfection

Learn how to construct a beautiful and delicious pie from the crust up. We will go through the steps of making a homemade crust, with a yummy filling and popping it in the oven at just the right temperature and time. You will be taste testing as you go and you will get to keep and eat your final product!

Fee \$25 | Register By February 19

Fee \$25 | Register By February 19 February 26 | Monday | Ages 13+ | 6-8pm | PDCC

#### canning seminar

Learn the process of home canning and explanation of all the different types (open kettle, water bath and pressure processing). We will review the necessary equipment and find out what is and is not needed with all the fancy gizmos in today's society.

Fee \$25 | Register By April 12 April 19 | Thursday | Ages 13+ | 6:30-8:30pm | PDCC

#### jams & jellies

In this class, you will learn step-by-step how to make jams, jellies and the differences between the two. Variety of flavors will depend on what is in season. Supplies are provided and you will get to keep a jar of the finished product!

Fee \$25 | Register By March 12

March 15 | Thursday | Ages 13+ | 6:30-8:30pm | PDCC

# Furry Friends therapy dog

Have you thought about training your dog to be a therapy dog? This course is designed to get you ready to take the certification test (offered at the end of class). This class is not suitable for dogs that are aggressive. A copy of a current rabies vaccination must be provided at time of registration. Ages 8+ are permitted to become certified with their dogs, but must be accompanied by an adult. If your dog has ever severely bitten a person or another dog, please contact Jessica Troop (The Balanced Dog, LLC) at troopjessica@yahoo.com before registering. Please check requirements for TDI to make sure that your dog is able to participate (www.tdi-dog.org).

Fee \$105 per dog | Register By February 5 February 14-March 21 | Wednesdays Ages 8+ | 6:30-7:30pm | MVES

#### dog behavior

Does your dog jump all over you and your guests? Do they lunge at the end of the leash when they see other dogs? Do you want to teach them some extra manners? This is the class for you and your dog! We will learn basic obedience commands (sit, down, stay, come, etc.) and demonstrate how to have a fun, balanced and happy life with your dog. Even though it is a group class, there will be time to discuss and work on individual issues/questions. Your dog must have a current rabies vaccine. If your dog has ever severely bitten a person or another dog, please contact Jessica Troop (The Balanced Dog, LLC) at troopjessica@yahoo.com before registering. Ages 8+, children must be accompanied by an adult.

Fee \$85 per dog | Register By March 30 April 11-May 2 | Wednesdays Ages 8+ | 6:30-7:30pm | MVES

#### essential oils for pets

Essential oils aren't just for people! Join us and learn how effective they can be for your pets too (including dogs, cats, horses and more). This workshop will teach you how to safely share essential oils with animals as an effective tool for maintaining animal wellness. We will make an outdoor adventure spray (no hitch-hikers allowed), all-natural pet shampoo (dry shampoo is an option as well) and a clean ears solution.

Fee \$15 | Register By March 2 March 5 | Monday | Ages 13+ | 6:30-8:30pm | PDCC hobby hydroponics

# Special Interest

Ray Schneider of Bridgewater College has spent many summers creating hydroponic gardens (the "weedless garden") to pursue his interest in tomatoes. From the Greek, hydroponics means literally "water works" and is a medium-less method of growing almost anything. He has been growing cucumbers, jalapeno peppers and tomatoes using Nutrient Film Technique, which works by flowing water containing plant nutrients down plastic channels to a tank and then pumping the nutrient back to the top of the channels.

FREE | Register By January 18 January 25 | Thursday | All Ages | 6-7pm | RCAC

### concealed handgun

Learn the basics in handgun safety and complete a course for your concealed handgun permit. You will learn the safe operation and handling of a firearm. This class does not include any shooting practice but does include demonstrations. All classes are taught by a certified instructor. RCAC classes are conducted with Dubby's Fishing and Hunting. PDCC classes are instructed by Mike Guthrie.

### birds 101

What are the birds you might see in Virginia? How can you attract birds to your yard? This program will allow you to view a bird collection from Bridgewater College, for a fun show and tell about the species. This allows you to really see some of the subtle differences in birds you may view in your backyard.

FREE | Register By February 15

February 22 | Thursday | All Ages | 6-7pm | RCAC

#### native american artifacts

The valley has been home to Native Americans for the past 10,000 years. There are artifacts everywhere and this class will help you learn where to look and what to look for when collecting native American artifacts!

Fee \$25 | Register By April 26

May 3 | Thursday | Ages 13+ | 6:30-8:30pm | PDCC

Fee \$80 | Register By One Week Prior | Ages 18+ February 10 | Saturday | 9am-1pm | PDCC February 19 | Monday | 6-10:30pm | RCAC March 10 | Saturday | 9am-1pm | PDCC March 19 | Monday | 6-10:30pm | RCAC April 14 | Saturday | 9am-1pm | PDCC April 16 | Monday | 6-10:30pm | RCAC May 12 | Saturday | 9am-1pm | PDCC May 14 | Monday | 6-10:30pm | RCAC

#### history of chainmail armor

Gavin R. Lawson of Bridgewater College gives a presentation on the history and construction of chainmail armor including modern applications, everything from jewelry to protective suits for shark divers. The presentation includes examples of chainmail weaves for participants to examine.

FREE | Register By April 16 April 23 | Monday | All Ages | 6-7pm | RCAC

### conversational spanish

This is an introductory Spanish course for English speaking students with little or no Spanish background. The emphasis in this course will be on communication and will be taught using a variety of interactive methods. Regular attendance, participation in classroom activities, conversation exercises and weekly independent study reinforce topics discussed in class.

> Fee \$100 | Register By February 1 February 8-April 12 | Thursdays | Ages 5+ | 6-8pm | RCAC

#### conversational spanish II

This highly participatory course is to improve your speaking ability and expand your knowledge of the Spanish vocabulary. This course is designed for students who are familiar with basic grammar (nouns, adjectives, articles, etc.) and would like to focus on increasing fluidity. In addition to providing opportunities for spontaneous conversational practice, this course will help you build your arsenal of Spanish knowledge with new vocabulary, idiomatic expressions and popular proverbs.

Fee \$100 | Register By January 29

February 5-April 9 | Mondays | Ages 5+ | 6-8pm | RCAC

## Natural Wellness

#### new year, new you with a natural lifestyle

With the start of a new year, many of us make the New Year's resolution to lose weight, eat healthier and exercise more. Join us to learn how you can naturally awaken your will power to improve your health through exercise, healthy nutrition and weight management with essential oils and products. You will also learn about ways to naturally increase your energy and motivation. In this class you will get to make an energy roller, after workout muscle cream and take home Young Living™ samples to support weight management and pain relief.

Fee \$15 | Register By January 16

January 17 | Wednesday | Ages 13+ | 6:30-8:30pm | PDCC

#### winter wellness

Let's face it, winter is not usually our healthiest season, which can lead to unexpected costs. Winter can be a difficult season on your physical and emotional health. Come and learn about ways to support your body's health naturally with essential oils and have a healthy new year! You will get to make a wellness roller, tummy roller, healthy chest rub and a throat spray.

Fee \$15 | Register By January 26

January 29 | Monday | Ages 13+ | 6:30-8:30pm | PDCC

#### healthy emotions & romance

Love is in the air this time of year! Join us to learn about the science behind emotions and essential oils, how to use essential oils and which oils to use to support your emotional health. You will make an emotional support roller that can also be used as perfume and a relaxing bath bomb.

Fee \$15 | Register By February 2

February 5 | Monday | Ages 13+ | 6:30-8:30pm | PDCC

#### essential oils for little ones

This class is for families with infants, children or are expecting. Are you looking for natural ways to support your little ones health and wellness without all the unnecessary chemicals? Would you like to know more about diluting oils, how to apply oils and oil safety for babies and children? Join us to learn about what oils and oil infused products are helpful with all things baby and moment about Young Living's Seedlings™ and KidScents® product lines. We will make a sleep spray, tummy and a boo-boo roller.

Fee \$15 | Register By May 11

May 14 | Monday | Ages 13+ | 6:30-8:30pm | PDCC

### chemical free home

Are you looking for a healthier, affordable lifestyle free of harmful chemicals? Are you interested in learning about ways to create a cleaner and safer home for your family? Then join us to learn more about creating a natural home using essential oils. Plus, take home samples of Young Living™natural cleaning products and DIY recipes.

Fee \$15 | Register By April 6

April 9 | Monday | Ages 13+ | 6:30-8:30pm | PDCC



## Natural Wellness

#### women's natural health

Women of all ages experience constant hormone changes, which can impact all of our body systems, energy levels, mood and even our relationships with others. These changes can be caused by our environment and the products we put on our bodies. Join us to learn about ways to support your hormones naturally, bring balance back to your body and to identify the hidden chemicals that can be found in your everyday products. In this class you will make a cool spray, massage oil and hormone support roller.

Fee \$15 | Register By May 5 May 7 | Monday | Ages 13+ | 6:30-8:30pm | PDCC

### savvy minerals beauty night

A savvy woman should never have to compromise quality for beauty! That's why Savvy Minerals by Young Living™ was formulated to include only the most pristine ingredients that support your skin's health. Join us to experience the Savvy Minerals makeup in person to find your foundation color match, learn about Savvy Minerals ingredients, what toxicity can be found in your current makeup and how to apply the makeup.

Fee \$15 | Register By One Day Prior Ages 13+ | 6:30-8:30pm | PDCC January 22 | Monday

January 22 | Monday March 19 | Monday

April 23 | Monday

natural skin care & beauty products

Experience first-hand all of Young Living's natural skin care products up close and personal! Join us to discover how to use Young Living™ naturally derived products made from the most pristine ingredients. You will get to use all the Young Living™ skin care products select and practice applying skin care products for you type of skin and create a daily skin care routine.

Fee \$15 | Register By February 20

February 22 | Thursday | Ages 13+ | 6:30-8:30pm | PDCC

### simple herbal remedies

Your backyard, the local creek bank and even your spice rack can yield resources for making simple, effective herbal remedies for aches, pains, fevers and other ailments. Learn how to make a simple tincture, salves and balms. We will cover the basics so you can try it at home. During the class, we will make and take a salve and lip balm.

Fee \$25 | Register By February 22 March 1 | Thursday | Ages 13+ | 6:30-8:30pm | PDCC

#### spring & summer essentials DIY

Are you ready for Spring and Summer? Join us to learn about all of the oily essentials you'll need for fun in the sun, traveling, being active, spring cleaning, breathing easier, meeting your weight management goals, toning your skin for the beach and more! You will make a breathe again roller, an after sun spray, an outdoor annoyance free spray and a bite buster roller.

Fee \$15 | Register By April 13

April 16 | Monday | Ages 13+ | 6:30-8:30pm | PDCC

# Enrichment financial literacy 101

Marcellina K. Hamilton of Bridgewater College presents on the importance of financial literacy as a critical component to a meaningful life. Concepts, such as tracking spending, deterring debt by limiting college loans, grasping the power of compounding and the Rule of 72 will be taught. FREE | Register By January 19

January 24 | Wednesday | 6-7pm | RCAC

#### GMOs in the USA

Genetically modified organisms: What and where are they? Would I encounter them at the grocery store? Robyn A. Puffenbarger of Bridgewater College will provide you with information on GMOs and where to look for them within your life.

FREE | Register By January 23
January 30 | Tuesday | 6-7pm | RCAC
digital self-culture

Sam Hamilton of Bridgewater College will consider ways in which people can use/produce digital technologies and devices. Rather than a how-to, however, the talk attempts to generate a blueprint attendees could use in future situations to digitally self-culture themselves.

FREE | Register By January 31 February 6 | Tuesday | 6-7pm | RCAC

competitive edge

Gavin R. Lawson of Bridgewater College presents on the history of swords, armor and fighting techniques from the fall of the Roman Empire to the Renaissance, including a demonstrations.

FREE | Register By January 31
February 7 | Wednesday | 6-7pm | RCAC
biofuels

Dr. Stephen F. Baron presents on biologically produced fuels and energy alternatives including methane, ethanol, biodiesel, hydrogen, microbial fuel cells and biodegradable plastics. Learn more about these fuels and energy alternatives.

FREE | Register By February 13 February 20 | Tuesday | 6-8pm | RCAC

#### saints & heroes

We are all at least three people; the person we wish we were, the person people think we are and the person we actually are. Many people in our lives act as guides; our parents, friends and even enemies. Ray Schneider of Bridgewater College presents on role models and taking control of our lives.

FREE | Register By March 21 March 28 | Wednesday | 6-7pm | RCAC

# terrorism, modernity & the impact of a changing world

David K. McQuilkin of Bridgewater College addresses the complex relationship between terrorism and modernity, and how the world will influence these concepts during the next generation.

FREE | Register By March 22 March 29 | Thursday | 6-7pm | RCAC

#### memory strategies

The key to knowing information is connecting new and unfamiliar things to something that is familiar. Chip Studwell of Bridgewater College presents on how to apply this basic principle and a technique that demonstrates it.

FREE | Register By March 28 April 4 | Wednesday | 6-7pm | RCAC

## Russia in the 21st century

David K. McQuilkin of Bridgewater College presents a discussion on Russian political, economic and international policy as Russia attempts to transform itself in the post-Soviet world.

FREE | Register By April 4
April 11 | Wednesday | 6-7pm | RCAC

### foreign policy

Jamie Frueh of Bridgewater College presents on U.S. interactions with the world; examines the elements and practice of American Foreign Policy. It reviews the history of American Foreign Policy and ideology, and then examines the actors, tools and processes of US foreign policy.

FREE | Register By April 9
April 16 | Monday | 6-7pm | RCAC

#### brain awareness

Moshe Khurgel of Bridgewater College gives an overview of the nervous system for K-12 schools and the general public, with the goal of raising awareness and improving scientific literacy. Topics may be tailored for specific subtopics such as brain injury, neurodegenerative diseases and memory.

FREE | Register By April 10 April 17 | Tuesday | 6-7pm | RCAC

# College Bound

college & disability prep

Chip Studwell of Bridgewater College will present on college disability preparation. Approximately 50% of college students who are eligible for accommodations do not use them. This can negatively affect academic performance. Learn why this happens and what students and parents can do to be prepared for college. This presentation can make a difference for high school students and their parents.

FREE | Register By February 22 March 1 | Thursday | 6-7pm | RCAC

#### US gov. AP exam prep

Bobbi Gentry of Bridgewater College has graded the Advance Placement (AP) exam for seven years. Gentry provides training and information on how to better prepare for the essay section of the exam.

FREE | Register By February 28

March 7 | Wednesdays | 6-7pm | RCAC

#### college admissions

Mark Griffin of Bridgewater College will be presenting on the college admissions process including admissions, financial aid and visits. This session provides a road map of the process. FREE | Register By February 20 Tuesday | February 27 | 6-7pm | RCAC

### college prep

Mark Griffin of Bridgewater College gives a seminar on the transition between high school and college. This session will help prepare the students for the challenges, both socially and academically.

FREE | Register By March 7

March 14 | Wednesday | 6-7pm | RCAC

### financial aid 101

Scott Morrison of Bridgewater College will review the federal and Virginia financial aid programs, financial need and the Free Application for Federal Student Aid (FAFSA). The session also provides advice to students and parents on the financial aid process.

FREE | Register By March 15 March 22 | Thursday | 6-7pm | RCAC

# Business Development

### develop a marketing plan

An effective marketing plan is a road map to success for businesses both large and small.

Maria V. Lugo of Bridgewater College presents on how to develop your own marketing plan.

FREE | Register By February 23

March 1 | Thursday | 6-7pm | RCAC

#### decide

Do you get immobilized by choices in life? Are there choices that continue to hang over your head? Indecisiveness increases stress and anxiety, impacts our relationships and work and compromises our fulfillment in life. Chip Studwell of Bridgewater College presents on decision making and will teach you how to free up your life.

FREE | Register By April 26 May 2 | Wednesday | 6-7pm | RCAC

#### ethics at work

William E. Abshire of Bridgewater College presents on ethics at work: cases and theories for professional life. This presentation will be an interactive discussion of major theories of ethics applied to specific cases of conflicts of values. The cases are from both everyday life and the more complex situations that arise professionally.

FREE | Register By January 16

January 23 | Tuesday | 6-7pm | RCAC

### develop a business plan

Want to start a business? During this presentation
Maria V. Lugo of Bridgewater College teaches you
how to develop a business plan.
FREE | Register By January 24
January 31 | Wednesday | 6-7pm | RCAC

# Community Safety

### fire safety in your home

Rockingham County Fire and Rescue will give a presentation on the top 5 causes of residential fires. During this presentation you will learn how to properly use an extinguisher and get the opportunity to use our fire extinguisher trainer system. We will also discuss steps you can take to reduce the chance of fire in your home and provide for a safer environment for yourself and your family. FREE | Register By One Week Prior Ages 12+ | 6-8pm | RCAC February 20 | Tuesday April 26 | Thursday

#### women's self defense

Rockingham County Deputies will conduct three 90 minute Women's Self Defense classes. The classes contains components such as how to better personal awareness, defend against aggressive attackers, how to strike, punch and kick. An instructor will wear a padded "red man suit" on the third day so that students can use the skills they have learned. FREE | Register By One Week Prior Ages 12+ | 6-7:30pm
March 20-22 | Tuesday-Thursday | JFHMS April 24-26 | Tuesday-Thursday | MMS

#### fraud & scam prevention

Learn how to protect yourself from internet fraud and scams. Every day people are faced with scams through the internet, phone and mail. A Rockingham County Sheriff's Department instructor will teach you how to stay safe and what you should do if you become a victim of a scam.

FREE | Register By One Week Prior Ages 12+ | 7-8pm | RCAC February 27 | Tuesday April 24 | Tuesday

#### teen dating safety

This class, instructed by Rockingham County Sheriff's Deputies, is for parents, quardians and teens. We will discuss ways to keep your children safe as they begin to form personal relationships in school, social media, etc. We will cover topics such as date rape, sexual assault, abuse, cyber dating, and ways to set boundaries, limits and getting involved with your children. Other topics include warning signs and what parents/guardians can do if they suspect something is wrong. FREE | Register By One Week Prior Ages 12+ | 6-7pm | RCAC February 27 | Tuesday April 24 | Tuesday

### social media safety

Members of the Rockingham County Sheriff's Office will give a presentation on social media, internet and smartphone safety for parents and children. During this presentation, you will learn about the many social apps, the risks of these apps that children are using to communicate utilizing the internet and smartphones. You will learn safety tips on how to ensure your child does not become a victim and how to utilize social apps and internet safely.

FREE | Register By One Week Prior Ages 12+ | 6-7pm | RCAC February 28 | Wednesday April 25 | Wednesday

#### drug awareness & safety

The Rockingham County Sheriff's Office and RUSH Task Force will present topics including their jurisdiction, illegal drugs purchased and seized in the community, trends dealing with methamphetamine, heroin, cocaine, marijuana and prescription pills, the seizure of assets and forfeiture, covert operations and who to contact to report drug information.

FREE | Register By One Week Prior
Ages 12+ | 7-8pm | RCAC
February 28 | Wednesday
April 25 | Wednesday

# Shopping, Dining & Events

#### great american outdoor show

HARRISBURG, PA

The Great American Outdoor Show is the largest consumer event of its kind in North America. Outdoor sports enthusiasts can view hunting and fishing products, plan outdoor sport and camping vacations. You may participate in a wide range of sport-related contests and family entertainment offerings. Includes mini bus transportation and admission.

Fee \$35 | Register February 1

Thursday, February 8 | 7am-7pm | RCAC

#### potomac mills

**WOODBRIDGE, VA** 

Potomac Mills is Virginia's largest outlet mall and features an indoor shopping experience with over 200 stores, including Bloomingdale's Outlet Store, Saks Fifth Avenue OFF 5th, Nordstrom Rack, the Nike Factory Store and much more. Lunch will be on your own and you can grab a bite to eat at one of the 25 eateries. Includes mini bus transportation.

Fee \$20 | Register By One Week Prior

8am-7:30pm | RCAC

Saturday, January 13

Saturday, March 24

Saturday, June 9

#### charles town classic

**CHARLES TOWN, WV** 

Horses, slots, blackjack and great food makes for an exciting day. Join us for a day at Hollywood Casino at Charles Town Races for the Charles Town Classic. After only 9 runnings, the Charles Town Classic has already established itself as a prominent early season stop for the best handicap horses in training. Slated to have 13 races, it is set to be a wire to wire great day. Includes mini bus transportation.

Fee \$15 | Ages 21+ | Register By April 13 Saturday, April 21 | 10am-8:30pm | RCAC

### edelweiss german restaurant

STUARTS DRAFT, VA

Join us for a fun filled day exploring some of the locally renowned shoppes in Stuarts Draft; Miller's Bake Shoppe, the Stuarts Draft Antique Mall and the Cheese Shop. For lunch, we are stopping at the Edelweiss German Restaurant, a long-running rustic destination dishing up home-style German specialties amid a lodge like setting. Includes mini bus transportation.

Fee \$15 | Register By May 4 Saturday, May 12 | 8:30am-4pm | RCAC

### highland maple festival

**HIGHLAND COUNTY VA** 

Take a step back in time to Highland County, "Virginia's Sweet Spot". Travel back roads and mountain byways to the 60th annual Highland Maple Festival. Enjoy arts and crafts vendors, live entertainment, food vendors (with delicious maple food options of course), maple sugar education, tours and much more! Admission is free. Includes mini bus transportation.

Fee \$15 | Register By March 2 Saturday, March 10 | 7:30am-4:30pm | RCAC

#### leesburg premium outlets

LEESBURG, VA

Enjoy a full day of shopping more than 100 designer and name-brand outlet stores! Lunch will be on your own at the food court or one of the many restaurants at the outlets. Includes mini bus transportation.

Fee \$15 | Register By One Week Prior 8am-5pm | RCAC Saturday, January 20 Saturday, April 14 Saturday, July 21

#### coach & horses tea room

WINCHESTER, VA

The Coach and Horses Tea Room is housed in a historic property previously known as "Homespun" or Bell House. Each guest will receive their choice of an individual pot of tea as well as either a homemade soup or salad, followed by freshly baked scones and fruit preserves. The meal ends with a selection of dainty tea sandwiches with homemade fillings, mini savories, fresh fruit, sweet delicacies and desserts. Includes mini bus transportation, meal and tea.

Fee \$50 | Register By February 16 Saturday, March 3 | 10:30am-4pm | RCAC

## Dinner Theaters

#### smoke on the mountain

WYTHEVILLE, VA

The Wohlfahrt Haus presents Smoke on the Mountain. On a Sunday night in Mount Pleasant, NC Reverend Oglethorpe has invited the Sanders family to provide an uplifting evening of singin' and witnessin'. The audience is invited to pull up a pew and join the congregation for a rollicking good time. More than two dozen gospel songs and hilarious stories from each of the Sanders family members provide a richly entertaining evening that is sure to be remembered! Includes mini bus transportation, meal and show.

Fee \$65 | Register By January 30 Thursday, March 1 | 8:30am-7:30pm | RCAC

### smokey joe's café

WYTHEVILLE, VA

Back by popular demand, the Wohlfahrt Haus presents Smokey Joe's Café! The longest running Broadway musical revue in history returns to our stage. Legendary songwriters Jerry Lieber & Mike Stoller feature their greatest hits of the 50's and 60's that pay tribute to rhythm, blues and rock-n-roll in hits like "On Broadway," "Houndog", "Love Potion #9", and "Jailhouse Rock". Includes mini bus transportation, meal and show.

Fee \$65 | Register By March 7

Fee \$65 | Register By March 7 Thursday, April 12 | 8:30am-7:30pm | RCAC

#### the hunchback of notre dame

FREDERICKSBURG, VA

The Riverside Theater presents the classic tale of the Hunchback of Notre Dame. A deformed bell-ringer must assert his independence from a vicious government minister in order to help his friend, a gypsy dancer. Includes mini bus transportation, meal and show. Fee \$75 | Register By February 16 Wednesday, April 18 | 9am-6:30pm | RCAC

#### lesus

LANCASTER, PA

Sight & Sound Theatres invites you to experience the greatest rescue story of all time! Jesus is the action-packed musical stage adventure that takes you on a miraculous journey alongside the most famous person ever to walk the earth and the everyday people whose lives he changed forever. Prior to the show we will enjoy a buffet style meal at the renowned Hershey Farm. Includes charter bus transportation, meal and ticket. Fee \$147 (\$105 Ages 3-12) | Register By May 1 Friday, June 1 | 8am-9:30pm | RCAC

### the wizard of oz

WYTHEVILLE, VA

Follow the Yellow Brick Road to Wohlfahrt
Haus Dinner Theater to see the classic movie
version of this beloved tale brought to life.
You'll enjoy the antics of Dorthy, Scarecrow,
Tinman, Cowardly Lion and Toto too - as well
as the unforgettable tunes "Over the
Rainbow", "Ding Dong the Witch is Dead" and
'We're Off to See the Wizard". Don't miss this
family-friendly adventure! Includes mini bus
transportation, meal and show.

Fee \$65 | Register By May 9 Thursday, June 14 | 8:30am-7:30pm | RCAC

#### lucky duck escape room

#### MASSANUTTEN RESORT

An escape room is a physical adventure game in which players solve a series of puzzles using clues, hints and strategy to complete the objectives at hand. Players are given a set time limit to unveil the secret plot which is hidden within the rooms. The Lucky Duck Escape Room is based in 1925 and prohibition is in full swing. You have been leading the crackdown on illegal liquor sales. The evidence you need to identify the kingpin and bring him to justice is contained within the Lucky Duck Speakeasy. Unfortunately, they have set a bomb to destroy the building and its secrets. Includes mini bus transportation.

Fee \$30 | Register By February 13

Sunday, February 25 | 1-4:30pm | RCAC

### a day in d.c.

WASHINGTON, DC

Join us for a full day of fun in the Nation's capital. There will be two drop-off locations to choose from, the National Zoo or at the National Mall. The National Mall drop-off will be at the Smithsonian Castle located within walking distance to the Air and Space, Gallery of Art, Holocaust, Natural History and the American Indian Museums, the National Monument and much more! Entrance is free to any of the 11 museums or galleries located on the National Mall. Visit one, or visit all, the day is yours. The National Zoo is conveniently located on Connecticut Ave and is full of animals, exhibits and great food. Includes charter bus transportation Fee \$45 | Register By One Month Prior 7am-8:30pm | RCAC Sunday, April 15 Saturday, June 23

# Day Trips

### hollywood casino

**CHARLES TOWN, WV** 

Enjoy the excitement of Hollywood Casino at Charles Town Races. No credits to the casino will be given. Must present a photo I.D. at casino and must provide birthdate at time of registration.

Trip Includes mini bus transportation.

Fee \$15 | Register By One Week Prior 8:30am-6pm | RCAC | Ages 21+ Monday, February 26 Monday, March 26 Monday, April 23 Monday, May 21

### mayberry

MOUNT AIREY, NC

Experience Mayberry and all of the popular attractions from the hit TV show "The Andy Griffith Show". Mount Airy has long been known as the real life Mayberry. Attractions include: Andy Griffith Museum, Floyd's Barber Shop, a replica Mayberry Courthouse, Wally's Service Station, Snappy Lunch and much more. We will also have a side trip over to the Mayberry Spirits Distillery during the day for those interested. Participants are not required to attend the distillery and tour admission fee is on your own. Includes charter bus transportation.

Fee \$60 | Register By March 30 Saturday, May 5 | 7:15am-9:30pm | RCAC

# Overnight Trips

\*all trips are priced per person\*

spring break in times square

**NEW YORK, NY** 

Spend three days and two nights in beautiful New York City. Visit Times Square, Rockefeller Center, Macy's department store, One World Trade Center, Statue of Liberty and much more. Accommodations will be at the Holiday Inn Times Square, located within the theater district – only blocks away from renowned playhouse and theatres. Includes charter bus transportation and hotel accommodations.

Register By February 26

Sunday, March 25-Tuesday, March 27 | RCAC Quad \$275 | Triple \$330 | Double \$440 | Single \$750

# Information

#### refund policy

Refund of fees and charges paid for the participation in recreational activities shall be made under the following conditions:

**CANCELLATION OF ACTIVITY BY THE DEPARTMENT**-Persons registered for a program which is cancelled by the department shall receive a full refund of fees, or a fee credit for a future program, whichever the registrant prefers.

PARTICIPANT CANCELLATION DUE TO ILLNESS OR INJURY-Persons canceling their registration due to circumstances such as illness or injury, which prohibits participation in the registered activity, shall receive a full refund of fees or a fee credit for a future program, whichever the registrant prefers. Fee refunds shall be prorated from the start of the program to account for lapse of time and classes attended. Participant has 60 days from time the program begins to request a refund. (This refund policy does not include the Afterschool or Summer Day Camp).

PARTICIPANT CANCELLATIONS-Persons canceling their registration prior to the registration deadline shall receive a full refund of fees or a fee credit for a future program, whichever the registrant prefers. Canceling after the registration deadline the registrant will receive a refund less a \$10 service charge. Participant has 60 days from time the program begins to request a refund.

CANCELLATION OF PARTICIPANT IN LEAGUES AND TOURNAMENTS-Entry fees for team and individual participation in leagues and tournaments are not refundable or transferable after the schedule is prepared.

FOR ALL TRIP PROGRAMS-No refunds will be given, unless your space on the trip can be filled. If a waiting list exists, RCPR will contact those on the waiting list to try and fill the space(s). If no waiting list exists or those on the waiting list no longer want to participate in the trip, it will be the responsibility of the participant to resell their space(s) on the trip. In many cases, the department must make pre-purchases; therefore, this refund policy is not flexible. **NOTE:** the \$10 cancellation fee will apply, even if the space is filled.

If a refund is provided, the participant will receive a refund check unless there is an existing household balance due for another activity/program. In such a case, this refund will be directly applied as a credit to that balance. Please allow two to four weeks for processing and to receive any refund checks. Refunds will not be applied to credit cards.

#### part-time job opportunities

contact us at 540-564-3160 or recreation@rockinghamcountyva.gov



- Hours: afterschool-6pm
- Starting pay \$9/hour
- Locations throughout the County Elementary Schools



Do you have a hobby, skill or talent you would like to share and earn extra money? Contact us!



- •All areas of the County
- •\$15-18 per game
- •Games are weeknights & Saturdays
- •Ages 16+

#### Mail In Registration Form

\*Attach additional information for each participant\*

Full Name:		DOB:	/	/
Address:	City:	State:	_ Zip:	
Phone Number : ()	Email Address:			<del></del>
Name & Date of Program/Trip:				

Make checks payable to RCPR 20 East Gay Street, Harrisonburg, VA 22802 Please call to see if space is available. No seat assignments or guarantee of registration. (first come-first served)



**Events:** Outdoorsman Show

**Youth Athletics:** Registration dates for all youth sports (tackle/flag football, cheerleading, boys and girls basketball) will all be released and summer sports camps

After School 2018-2019: Registration opens in May for current registered students, June for new enrollees

**Programs:** Senior Health, Boater Safety and Table Tennis **Trips:** Major League Baseball Games, Dinner Theaters & Casino Trips

#### brochure schedule

BROCHURE CYCLE
January-May
June-August
September-December

DISTRIBUTION DATES
Beginning of January
Beginning of May
Beginning of September

#### photo release

Rockingham County Department of Parks and Recreation photographs and video graphs it's activities and events, and the people participating in them, and uses those materials for reporting and advertising purposes. All such materials shall remain the property of the Department at all times. Registration for or participation in a Department activity or event is considered participation in a public event, is considered consent to be photographed or video graphed, and is considered consent for one's image to be used for the purposes stated. In the case of a minor, the parent or guardian is deemed to have given consent for the child by registering or by allowing the child to participate.

#### disclaimer

This activities guide is published for informational purposes only. Rockingham County Parks and Recreation strives to produce the most accurate activities guide possible. However, some program information may have changed after this has gone to print. We will make every effort to notify participants of the changes.

#### class/trip minimums

If classes or trips do no meet minimum enrollment requirements by the register by date they will be cancelled. Registered participants will be notified of this change before the class is to begin and will be issued a full refund. So register early and tell your friends so your class or trip isn't cancelled!







20 EAST GAY STREET HARRISONBURG, VA 22802 540-564-3160

### **ECRWSS** LOCAL POSTAL PATRON

#### **Recreation Commission**

Meets every 3rd Thursday at 6:30pm at the Rockingham County Administration Center (Does not meet in December or June)

www.rockinghamcountyva.gov/recreation



Progress at Rockingham Park at the Crossroads

December 2017

4584 Spotswood Trail, Penn Laird, VA 22846 to make a tax deductible donation to the park please call 540-564-3160